

effective parenting after separation

Identify

common sources of parental conflict

Gain

practical and hands on parenting skills

Adapt

and adjust through strategies to support you and your child as you face the challenge of separation

Understand

children's lived experience of separation

Recognise

the behavioural and emotional reactions of children in separation/parental conflict

Build

resilient children

Communicate

effectively in conflictual situations



EPAS is a six week program, tailored to your needs.

Program costs \$1200 and includes all course materials.

Your EPAS Trainer



Susan De Campo

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Susan is the Director and founder of LifeCare Consultancy. With over 20 years experience in private practice as a Registered Counsellor specialising in loss and grief, young people and relationship therapy and over 30 years experience as a Registered Nurse, Susan has a strong appreciation of the complexities associated with negotiating a relationship breakdown. As an accredited Regulation 7 Family Consultant Susan provides expert evidence to the Federal Circuit, Family and Children's Courts of Australia. She teaches counselling related courses at QUT and delivers training and workshops both locally and nationally.

For bookings or more information on EPAS, contact LifeCare:

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